

Volunteering in the CHSP

Module 7 Volunteer Roles in the CHSP

There is a wide range of volunteer opportunities in agencies funded by the Commonwealth Home Support Programme (CHSP). The types of jobs available vary from service to service. This means that you should be able to find a volunteer role in the CHSP that reflects your skills, interests and the time you have available.

The following table shows the types of jobs volunteers do in CHSP services.

Home Maintenance	<ul style="list-style-type: none"> • General gardening (weeding, pruning, mulching) • Converting gardens to easy care • Simple home repair tasks (light bulb, tap washer replacement)
Community Transport	<ul style="list-style-type: none"> • Individual transport to medical and other appointments and social events • Bus attendants on outings
Social Support for individuals	<ul style="list-style-type: none"> • Help with shopping • Friendly home visiting • Regular welfare check phone calls • Teaching mobile, phone computer, IT use • Dog walking • Going for short walks or to the movies • Encouraging exercise

Meals	<ul style="list-style-type: none"> • Delivering Meals on Wheels • Helping with meal preparation
Respite	<ul style="list-style-type: none"> • In-home respite to give the carer a break • Out-of-home respite (taking a client out to give the carer a break)
Social Support for Groups	<ul style="list-style-type: none"> • Bus attendants • Assisting staff with day centre activities and refreshments
Management and Administration	<ul style="list-style-type: none"> • Becoming a Board or Committee member • Assistance with fund raising • Help around the office

